



I N N O V A N T A O N E
T A L E N T D E V E L O P M E N T

PROJECT MANAGEMENT PROFESSIONAL PMP® EXAM PREPARATION

Fully Aligned to the 2026 Examination Content Outline & PMBOK® Guide — 8th Edition

4 Days

Duration

35 Hours

PDU's Earned

Refundable

HRDC

Hybrid

Exam Approach

Facilitated by Shoayb Peerbocus

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! What Changed in July 2026 — Why This Brochure Is Different

Effective July 9, 2026, PMI launched an updated PMP® Examination Content Outline (ECO) and released the **PMBOK® Guide — 8th Edition**. This course has been fully redesigned to reflect every change — new domains, new weightings, new topics, and a modernised pedagogical approach built for exam mastery and real-world application.

What	Previous ECO (2021)	New ECO 2026 — This Course
People Domain	42% of exam	33% — leadership & team mastery
Process Domain	50% of exam	41% — execution & value delivery
Business Environment	8% of exam	26% — 3x increase; strategy & governance
PMBOK Structure	12 principles, PMBOK 7	6 principles, 7 domains, 40 processes
Process Groups	Five formal groups	Five Focus Areas (reimagined, flexible)
Artificial Intelligence	Not tested	Core competency — AI in PM practice
Sustainability/ESG	Not tested	Integrated across all three domains
Value Delivery	Mentioned briefly	Central thread: outcomes over outputs
Questions	180 questions	185 questions, 240 minutes

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PROJECT MANAGEMENT PROFESSIONAL (PMP®) — 2026

The PMP® certification is the world's most recognised credential for project managers — held by over 1.2 million professionals across 200+ countries. Issued by PMI and accredited against ISO/IEC 17024, it validates your ability to lead projects using **predictive, agile, and hybrid approaches** — the gold standard for any serious project leader.

The 2026 ECO and PMBOK® 8 represent the most significant update in over a decade. This course is the only preparation programme in the region built ground-up on the new framework — not patched on the old one.

Duration: 4 Days (32 Contact Hours + 3 PDUs self-study)

Exam Hours: 35 hours commercial training (PMI requirement met)

Delivery: Classroom | Live Virtual | Blended

Funding: HRDC Refundable

Languages: English (French support available)

Who Should Attend

- Head of Projects / PMO Directors
- Business Leaders & CIO / COO
- IT Managers & Programme Managers
- Team Leaders & Project Managers
- Engineers & Business Analysts
- Anyone seeking PMP® certification

Eligibility (unchanged)

- Bachelor's degree + 3 years project leadership experience
- Secondary school + 5 years project leadership experience
- 35 hours PM training (this course satisfies this requirement)

What's in it for me?**After completing this programme, you will:**

- Pass the PMP® exam with confidence — fully aligned to the 2026 ECO
- Master all three domains: People (33%), Process (41%), Business Environment (26%)
- Think and act as a value-driven, accountable project leader — not just a process executor
- Apply predictive, agile, and hybrid approaches across real project scenarios
- Navigate AI-augmented project environments with clarity and ethical judgment
- Embed sustainability, ESG, and governance as core project competencies
- Demonstrate measurable business outcomes and ROI to senior stakeholders
- Earn 35 PDUs required for PMP® application
- Increase your marketability and salary trajectory immediately

PMBOK® Guide 8th Edition — Foundations of This Course

This course is anchored on the **six principles and seven performance domains** introduced in PMBOK® 8 (published November 2025), supported by 40 non-prescriptive processes and five reimaged Focus Areas. These are woven into every lesson, not just referenced in passing.

The 6 Project Management Principles (PMBOK® 8)

- **Adopt a Holistic View — understand systems, context, and interdependencies**
 - See the project within its broader organisational and external ecosystem
- **Focus on Value — deliver outcomes that matter to stakeholders**
 - Move beyond outputs; prove business value and benefits realisation
- **Embed Quality Into Processes and Deliverables**
 - Quality is proactive, continuous, and non-negotiable
- **Be an Accountable Leader — own decisions, model ethics, inspire the team**
 - Leadership is a behaviour, not a title
- **Integrate Sustainability Within All Project Areas**
 - ESG, environmental impact, and long-term thinking embedded in delivery
- **Build an Empowered Culture — psychological safety, trust, and collaboration**
 - High performance is an outcome of culture, not control

The 7 Performance Domains (PMBOK® 8)

1. Governance — structure, escalation, ethics, policies, and success metrics
2. Scope — define, decompose, and control what the project delivers
3. Schedule — plan, baseline, execute, and optimise project timelines
4. Finance — budgeting, forecasting, reserves, and financial reporting
5. Stakeholders — identify, analyse, engage, and maintain alignment
6. Resources — acquire, develop, lead, and optimise human and physical resources
7. Risk — identify, analyse, plan, execute, and monitor risks across the lifecycle

The 5 Focus Areas (replacing Process Groups)

Projects can satisfy these through formal processes, informal practices, or flexible policies:

- Initiating — define value, stakeholders, governance, and charter
- Planning — integrated planning across all performance domains
- Executing — deliver, lead, engage, communicate, and build quality in
- Monitoring & Controlling — assess progress, manage change, control performance
- Closing — validate completion, capture lessons, transition outputs to operations

2 COURSE CONTENTS — Fully Aligned to the 2026 ECO & PMBOK® 8

This course is structured across **5 learning modules mapped directly to the 2026 ECO tasks and enablers**. Each module integrates predictive, agile, and hybrid perspectives. Approximately 40% of exam questions reflect predictive approaches; 60% reflect adaptive/agile and hybrid.

M1 PEOPLE — Leading with Clarity, Vision and Accountability

Domain I: People
33% of Exam

The People domain is now redefined around **vision alignment, stakeholder complexity, and knowledge ecosystems**. Students will develop the leadership behaviours and communication architecture that drive team and stakeholder performance.

2026 Exam Insight: Communication is now its own task (Task 8) in the People domain — a significant elevation from the previous ECO. Expect scenario questions on reporting cadence, transparency, and feedback architecture.

M2 PROCESS — Execute with Precision, Deliver with Value

Domain II: Process
41% of Exam

The Process domain has been restructured around **value-based delivery and integrated planning**. The addition of "Help Ensure Value-Based Delivery" as a standalone task is one of the most important structural changes in the 2026 ECO.

2026 Exam Insight: "Help Ensure Value-Based Delivery" (Task 3) is entirely new and will appear in exam scenarios. You must be able to articulate how value is identified, measured, and delivered — not just outputs tracked.

M3 BUSINESS ENVIRONMENT — Strategy, Governance & Sustainable Value

Domain III: Business Env.
26% of Exam ▲ TRIPLED

The Business Environment domain is the most transformed area in the 2026 ECO — growing from 8% to **26%**. Students will master governance architecture, compliance frameworks, AI literacy, sustainability integration, and strategic business awareness.

2026 Exam Insight: With Business Environment at 26%, this domain now generates the same number of exam questions as the old entire "Keeping the Business in Mind" lesson — but goes far deeper. Governance, compliance, risk, and external environment changes are all tested at scenario and judgment level.

M4 ARTIFICIAL INTELLIGENCE IN PROJECT MANAGEMENT

Cross-Domain
2026 NEW TOPIC

AI is now an **examined competency** in the 2026 PMP® exam. This module, grounded in PMBOK® 8 Appendix X3, equips candidates to answer AI-related scenario questions and prepares practitioners to work in AI-augmented project environments.

AI Strategy and Adoption in Projects

- Primary AI use cases in project management (risk, schedule, resources, reporting)
- Assessing organisational AI readiness and adoption strategies
- Selecting appropriate AI tools for project context

AI for Risk and Decision Intelligence

- Predictive analytics and risk modelling using AI tools
- AI-augmented risk registers and scenario analysis
- Human-in-the-loop decision making: when to trust AI outputs

AI for Project Reporting and Communication

- Automated status reporting and dashboard generation
- Natural language generation for project summaries
- Data quality, bias, and interpretation risks

Ethical and Governance Dimensions of AI

- Responsible AI use: fairness, transparency, accountability
- Governance frameworks for AI use in regulated projects
- PMI's guidance on ethical AI integration in project practice

M5

SUSTAINABILITY, ESG & VALUE REALISATION

Cross-Domain
2026 NEW TOPIC

The 2026 ECO embeds sustainability throughout all three domains. This module operationalises the sixth PMBOK® 8 principle — **"Integrate Sustainability Within All Project Areas"** — into tangible project management practice.

Sustainability as a Delivery Competency

- Defining sustainability in the context of project outcomes
- Environmental, social, and governance (ESG) requirements in project charters
- Lifecycle thinking: from resource use to project decommissioning

Benefits Realisation and Value Measurement

- The difference between outputs, outcomes, and benefits
- Benefits realisation planning and tracking frameworks
- Communicating project value to executives and boards

ESG Compliance in Project Execution

- Regulatory and stakeholder ESG expectations by sector
- Embedding ESG checkpoints in quality and governance reviews
- Reporting on sustainability performance throughout delivery

3 EXAM STRATEGY & PREPARATION METHODOLOGY

Passing the PMP® is not about memorisation — it is about **thinking like PMI thinks**. Every lesson integrates exam intelligence built on the 2026 ECO task structure.

Our 5-Layer Exam Mastery Method

1. **Concept Anchoring — understand the why, not just the what**
 - Every topic tied to a PMBOK® 8 principle or performance domain
2. **Scenario Deconstruction — read questions the PMI way**
 - Identify the question type: situational, formula, or knowledge-based
 - Practise the "best answer, not the perfect answer" discipline
3. **Cross-Domain Integration — answer questions that span domains**
 - 60%+ of questions blend People, Process, and Business Environment
4. **Approach Flexibility — predictive vs agile vs hybrid decision logic**
 - 40% predictive / 60% agile+hybrid in the 2026 exam
5. **Simulated Exam Practice — 4 full practice sets of 185 questions each**
 - Timed sittings with debrief and personalised gap analysis

Examination Information (2026)

Questions: 185 (scored) + pretest items

Duration: 240 minutes (4 hours)

Format: Multiple choice, multiple response, matching, hotspot, drag-and-drop

Delivery: Prometric test centres or online proctored

Passing: PMI uses psychometric scoring — no fixed pass mark published

Predictive: ~40% of questions

Agile/Hybrid: ~60% of questions

Languages: English (other languages available on request)

Note students need to apply for PMP Exam and pay the applicable fee to PMI

4 COURSE DESIGN PHILOSOPHY — Built for Mastery, Not Just Passing

This course is designed by an education psychologist and senior PM practitioner using evidence-based adult learning science. Every session is structured to maximise retention, transfer, and exam performance.

Learning Architecture

- Bloom's Taxonomy Alignment — topics progress from Knowledge → Application → Evaluation
- Spaced Repetition — key concepts revisited at calculated intervals across 4 days
- Interleaved Practice — questions from multiple domains mixed to mimic real exam conditions
- Elaborative Interrogation — learners explain concepts in their own words to lock understanding
- Worked Examples → Fading → Independent Practice progression for scenario mastery
- Metacognitive Checkpoints — learners monitor their own comprehension at each module end

Delivery Methods

- Instructor-led concept delivery with live Q&A and Socratic questioning
- Small-group case study workshops — real industry scenarios mapped to 2026 ECO tasks
- PMI Infinity platform orientation — AI-powered study tool endorsed by PMI
- Daily practice exam sets with detailed debrief and error analysis
- Domain-specific flashcard sets (digital, 2026 ECO-aligned)
- Pre-course study plan and post-course 30-day revision roadmap

5 YOUR FACILITATOR

Shoayb Peerbocus

PMP® | Digital Transformation Strategist

Shoayb brings over 20 years of hands-on project leadership experience across digital transformation, ERP implementations, fintech, and public sector programmes.

As President of the PMI Mauritius Chapter and a certified PMP® himself, Shoayb has trained hundreds of professionals across the Indian Ocean region to pass their PMP® exam on first attempt.

He is the first trainer in the region to rebuild his curriculum entirely around the 2026 ECO and PMBOK® 8 — not retrofitting the old material but redesigning from first principles.

Credentials & Experience

- PMP® Certified — Project Management Professional
- 20+ years project leadership across 5 industries
- Past President — PMI Mauritius Chapter
- Digital Transformation Strategist
- Facilitator: PMP®, PMI-ACP, Scrum, Agile
- HRDC-registered trainer

Student Outcomes

- First-attempt pass rate consistently above regional average
- 200+ PMP® candidates trained and certified
- Practical, scenario-first teaching method

6 LOGISTICS & INVESTMENT

4 Days

Duration

35 hrs

Contact Hours

35 hrs

PDU Credit

Rs 49,500

HRDC Refundable

What's Included

- Official PMI 2026 ECO (Examination Content Outline) — provided
- PMBOK® Guide 8th Edition — study guide and reference
- Full course workbook — 2026 ECO aligned, new content, new scenarios
- 4 × full 185-question practice exams with detailed answer rationale
- Domain-by-domain flashcard deck (digital, mobile-friendly)
- PMI Infinity platform orientation session
- Pre-course onboarding + 30-day post-course study plan
- PMP® application support and audit guidance
- Certificate of Attendance (35 PDU hours for PMI application)

Upcoming Cohorts

Contact us for the next available cohort dates — both classroom and live virtual options available.

Group bookings (5+) receive a dedicated cohort and discounted rate.



INNOVANTA ONE — TALENT DEVELOPMENT

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